

Ionix® Supreme Natural Fruit Flavour

| NUTRITION INFORMATION | | | | |
|----------------------------------|------------------|-----------------|------------------|--------|
| Daily Portion: 60 ml (4 tbsp) | | | | |
| Portions per Container: 16 | | | | |
| | Per 100 ml | Per 30 ml | Per 60 ml | |
| Energy | 280 kJ / 67 kcal | 84 kJ / 20 kcal | 167 kJ / 40 kcal | |
| Fat | 0 g | 0 g | 0 g | |
| of which saturates | 0 g | 0 g | 0 g | |
| Carbohydrate | 17 g | 5 g | 10 g | |
| of which sugars | 13 g | 4 g | 8 g | |
| Protein | 0 g | 0 g | 0 g | |
| Salt | 0.30 g | 0.09 g | 0.18 g | |
| VITAMINS & MINERALS | | | | |
| | Per 30 ml | %NRV** | Per 60 ml | %NRV** |
| Niacin (B3) | 8 mg NE | 50% | 16 mg NE | 100% |
| Thiamin (B1) | 0.55 mg | 50% | 1.1 mg | 100% |
| Riboflavin (B2) | 0.7 mg | 50% | 1.4 mg | 100% |
| Vitamin B6 | 0.7 mg | 50% | 1.4 mg | 100% |
| Vitamin B12 | 1.2 µg | 48% | 2.4 µg | 96% |
| Zinc | 5 mg | 50% | 10 mg | 100% |
| **NRV = Nutrient Reference Value | | | | |

Ingredients: Water, dried molasses, apple (*Malus pumila*) juice, natural flavourings, calcium and magnesium citrate complex, wolfberry (*Lycium barbarum*) fruit extract, schisandra (*Schisandra chinensis*) fruit extract, red ginseng (*Panax ginseng*) root extract, eleuthero (*Eleutherococcus senticosus*) root extract, hibiscus (*Hibiscus sabdariffa*) flower extract, amla (*Embllica officinalis*) fruit extract, holy basil (*Ocimum tenuiflorum*) leaf extract, dang shen (*Codonopsis pilosula*) root extract, harada (*Terminalia chebula*) fruit extract, kiwi (*Actinidia deliciosa*) juice, sodium chloride, blueberry (*Vaccinium corymbosum*) fruit extract, horsetail (*Equisetum arvense*) aerial extract, methylsulfonylmethane, bacopa (*Bacopa monnieri*) whole plant extract, acid (phosphoric acid), nicotinamide (B3), sweetener (steviol glycosides), alfalfa (*Medicago sativa*) leaf extract, maca (*Lepidium meyenii*) root extract, preservative (potassium sorbate), zinc oxide, ginger (*Zingiber officinale*) rhizome extract, malic acid, alpha lipoic acid, pyridoxine hydrochloride (B6), acid (citric acid), riboflavin (B2), thiamin hydrochloride (B1), cyanocobalamin (B12).



SOY-FREE



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN